

Self-directed Learning

Manage Time



- Prioritise
- Balanced lifestyle
- Divide tasks

Manage yourself



- Take breaks
- Set clear goals
- Disciplined
- Motivated
- Responsible

Study actively

- Learning strategies
- Thinking skills
- Reading: skim read
- Information literacy

Review cycle



Learn in 3 stages

- 1 Preview
- 2 Make notes
- 3 Review

Ask Questions



Ask Tutors, Learning advisors, & Librarians



Manage Distractions

- Well organised
- No distractions

Know your strengths & weakness



- Self-test
- Improve understanding
- Re-test
- Prepare for assessments