

Study skills

Mind Maps

A mind map is a visual, creative pattern of connected ideas.

Why use Mind Maps?

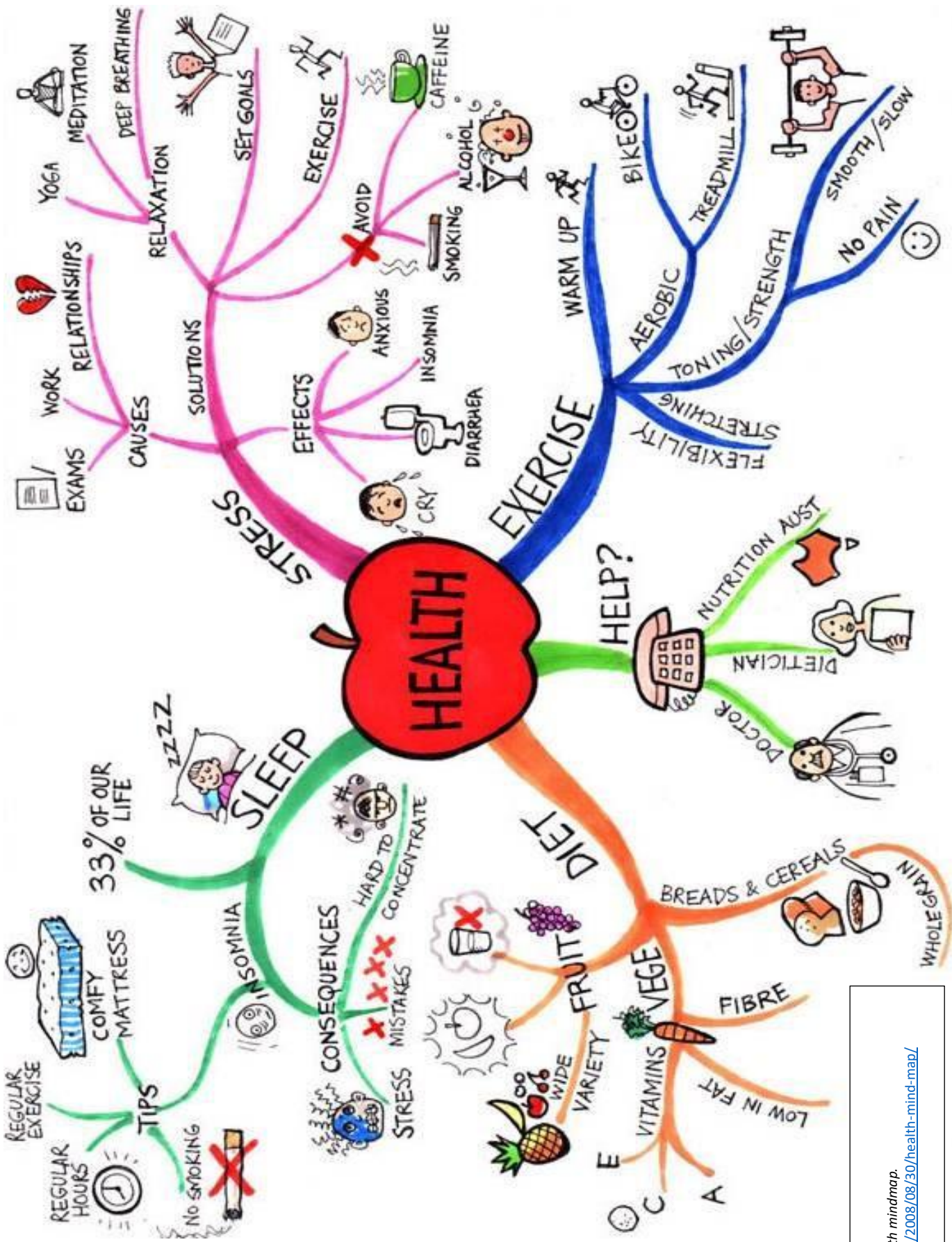
- As an overview
- To summarise
- As a notetaking tool
- As a reviewing tool
- As a memory aid to boost recall
- To get creative flow
- To brainstorm
- To problem solve
- To link, order and relate ideas to help understanding
- To plan a speech, presentation or essay
- To introduce a topic during a presentation

How?

- Turn your page horizontally
- Start with a topic and enclose it in the centre of your page
- Add branches for key sub-topics
- Add details to the branches
- Personalise with colour, pictures, symbols and shapes

Tips

- Use medium, thick pens
- Use pictures and symbols wherever possible
- Print all words on lines
- Vary the size of words by level of importance
- Use at least three colours but avoid using too many colours as this may be confusing
- Use a different colour for each branch



Reference:
 Tangerang, S. L. (n.d.). Health mindmap.
<http://bkab.wordpress.com/2008/08/30/health-mind-map/>