

Resources to support integration of Māori knowledge

This kete contains reo, tikanga, and mātauranga Māori resources to support the delivery of *Puahou Tapuhi o Aotearoa*.

It is designed as a living collection that will grow and evolve over time, providing accessible tools to strengthen teaching and learning through te ao Māori perspectives.

Guidelines for adding material

- Ensure resources are directly related to **reo, tikanga, or mātauranga Māori.**
- When adding materials, reference them using APA 7 format.

Guidelines for utilising material

- All resources listed here are accessible within the public domain. Please use them respectfully and acknowledge Māori as the source of mātauranga.

Books

Durie. M. (2011). *Ngā tini whetū navigating Māori futures*. Huia.

Fox. C. (2010). **Change, past and present**. In: M. Mulholland., & V. Tawhai. (Eds.), *Weeping Waters: The Treaty of Waitangi and constitutional change*. (pp. 41-61). Huia.

Opai, K. (2021). *Tikanga: An introduction to te ao Māori*. Upstart Press.

Pihama, L., & Lee-Morgan, J. (2019). **Colonization, Education, and Indigenous Peoples**. In E. McKinley & L. Smith (Eds.), *Handbook of Indigenous Education* (pp. 1-12). Springer.
https://doi.org/10.1007/978-981-10-3899-0_67

Reid. P., Robson. B. (2007). **Understanding health inequities**. In Robson. B., Harris. R (Eds), *Hauora: Māori standards of health IV. A study of the years 2000-2005* (pp. 3-10). Te Rōpū Rangahau Hauora a Eru Pōmare.

Journal Articles

Harris, R. B., Paine, S., Atkinson, J., Robson. B., King. P. T., Randle. J., Mizdrak. A., & McLeod. M. (2022). **We still don't count: The under-counting and under-representation of Māori in health and disability sector data**. *New Zealand Medical Journal*, 135(1567), 54-78.
<https://pubmed.ncbi.nlm.nih.gov/36521086/>

Koptie, S. (2009). **Irihapeti Ramsden: The public narrative on cultural safety**. *First People Child & Family Review*, 4(2), 30-43.

- Mutu. M. (2019). **'To honour the treaty, we must first settle colonisation'** (Moana Jackson 2015): the long road from colonial devastation to balance, peace and harmony. *Journal of the Royal Society of New Zealand*, 49(sup1), 4-18. <https://doi.org/10.1080/03036758.2019.1669670>
- Papps, E., & Ramsden, I. (1996). **Cultural Safety in Nursing: the New Zealand experience.** *International Journal for Quality in Health Care*. 8(5), 491-497.
- Ramsden, E. M. (2002). **Cultural safety and nursing education in Aotearoa and Te Waipounamu: a thesis submitted to the Victoria University of Wellington in fulfilment of the requirements for the degree of Doctor of Philosophy in Nursing** [Doctoral thesis, Victoria University of Wellington]. Victoria University of Wellington
https://tewaharoa.victoria.ac.nz/permalink/64VUW_INST/1e6vab7/alma991071664002386
- Reid, P., Cormack, D., & Paine, S. J. (2019). **Colonial histories, racism and health-The experience of Māori and Indigenous peoples.** *Public Health*, 172, 119-124.
<https://doi.org/10.1016/j.puhe.2019.03.027>
- Smallwood, R., Woods, C., Power, T., & Usher. K. (2021). **Understanding the impact of historical trauma due to colonization on the health and well-being of Indigenous young peoples: a systematic scoping review.** *Journal of Transcultural Nursing*, 32(1), 59-68.
<https://doi.org/10.1177/1043659620935955>
- Smallwood, R., Woods, C., Power, T., & Usher. K. (2021). **Understanding the impact of historical trauma due to colonization on the health and well-being of Indigenous young peoples: a systematic scoping review.** *Journal of Transcultural Nursing*, 32(1), 59-68.
<https://doi.org/10.1177/1043659620935955>
- van Meijl. T. (2020). **Culture versus class: towards an understanding of Māori poverty.** *Race & Class* 6 (1), 78–96. <https://doi.org/10.1177/0306396820923482>
- Waitangi Tribunal. (2019). **Hauora: Report on Stage One of the Health Services and Outcomes Kaupapa Inquiry (Wai2575).** Wellington. Waitangi Tribunal.
- Walker, C. (2021). **Cultural safety and health equity in medical practice in Aotearoa New Zealand.** In K, A. Morris (Ed.), *Cole's Medical Practice in New Zealand* (14th ed., pp. 191-202). Medical Council of New Zealand.
- Wepa. D. (2003). **An exploration of the experiences of cultural safety educators in New Zealand: And action research approach.** *Journal of Transcultural Nursing*, 14(4), 339-348.
<https://doi.org/10.1177/1043659603257341>
- Wilson, D., Moloney, E., Parr, J., Aspinall. C., & Slark. J. (2021). **Creating an Indigenous Māori-centred model of relational health: A literature review of Māori models of health.** *Journal of Clinical Nursing*, 30(23-24), 3539-3555. <https://doi.org/10.1111/jocn.15859>

Reports & Strategies

Audio-Visual Media (including podcasts)

Websites

Ministry of Health – Manatū Hauora. (2023, October 25). ***Achieving equity.***

<https://www.health.govt.nz/about-ministry/what-we-do/achieving-equity>

Treaty Resource Centre. (2025). ***Educational resources.*** Treaty Resource Centre – He Puna

Mātauranga o Te Tiriti. <https://www.trc.org.nz/educational-resources/>

He Tohu National Library (n.d.). [Te Tiriti o Waitangi — from its creation to now | He Tohu](#)