

Find journal articles in my recommended reading list

1. Begin at **My Ara**: <https://myday.ara.ac.nz/>
2. Click on **Primo Library Search** app.



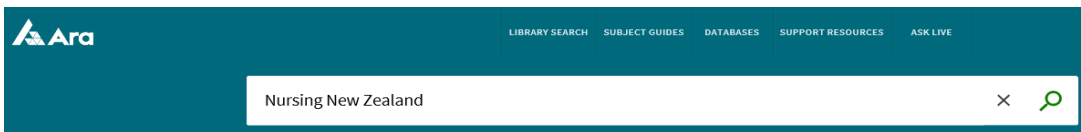
3. On your reading list, identify the name of the **journal title**. It is usually in italics. This is the title you type in the Library search box.

N.B. Be sure to search for the **journal title** NOT the **article title**.

Asher, J.B.(2008). The Cartwright report twenty years on. *Nursing New Zealand*, 14(7), 2.

4. Type the journal title into the **Search box**

e.g.



5. Press **Enter** on your keyboard or click on the **Search button**

6. Click on the **title** of the journal.

[N.B : **Nursing New Zealand** is **Kai Tiaki** journal]



7. Under **View online** click on the database name e.g. CINAHL with Full Text

CINAHL with Full Text
Available from 2004

8. If prompted, use your **Network / Moodle username** and **password** to login.

9. From your **recommended reading list** make a note of the:

- **year** of publication of the journal e.g. **2008**
- **volume, issue** and **page** numbers. e.g. **14 (7), 2** is **volume 14 (issue 7), page 2.**

Asher, J.B.(2008). The Cartwright report twenty years on. *Nursing New Zealand*, 14(7), 2.

10. Then click on the applicable year, volume and issue.

11. Scroll through the articles to locate your recommended article.

12. Download your article. We recommend you use the **PDF** option if two formats are offered.

13. Select the **Save**  or **Print**  icon as required.

Note: Sometimes you need to hover over the article using your mouse to see these icons.



For further assistance

- Ask at the Library, City Campus, Christchurch
- Ring (03) 9408089 or 0800 24 24 76 and ask for the Library
- Email : library@ara.ac.nz