

Find journal articles using Research Assistant in Library Search



Research Assistant is a good place to start your search for articles to help you answer your research question.

1. Begin at **My Ara**: <https://myara.ara.ac.nz/>



2. Click on **Library Search** tile.

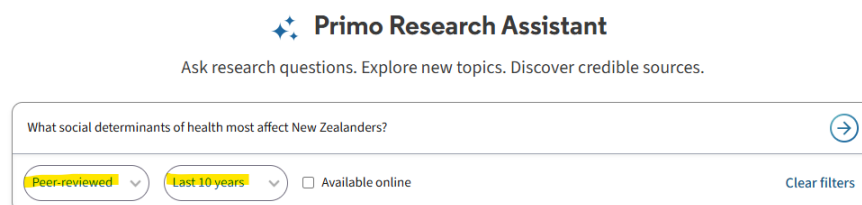
Sample research question:

What social determinants of health most affect New Zealanders?

3. Find **Research Assistant** in the top left of [Library Search](#).



4. Add your research question and select “peer-reviewed” and date range “last 10 years” if you want scholarly and up-to-date articles e.g.

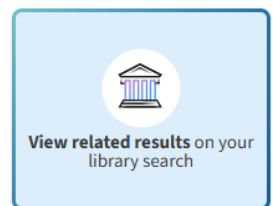


5. This finds 5 articles and the AI creates an **Overview of sources**. E.g.



Important: Do not copy or paraphrase from the information in the “Overview of sources” as it is AI generated.

6. Find the suggested information yourself in the indicated sources and paraphrase directly from the article. See this document for [Paraphrasing support](#) from Learning Services.
7. Click on each article to find the full text.
8. If you get a “no full text” message then search for the **title of the article** in [Google Scholar](#).
9. If you need help to find full text of an article, use either the Library's chat service called [Ask Live](#) or email library@ara.ac.nz to get help to access the full text.
10. For more results you can:
 - Click on “**try again**” at the bottom right of the **Overview of Sources** in Research Assistant or
 - Click on **View related results** tile to the right of the 5 article tiles which will take you into **Library Search** to see more results which will also enable you to:
 - double check if an article is peer-reviewed,
 - pin key resources to your favourites to keep track of your sources, (make sure you are **signed in to Library Search** in the top right)
 - find the APA 7th citation for each source by clicking the citation symbol under the article details.



For further assistance

- Ask at the Library, Christchurch, Madras St. Campus
- Live chat with a Librarian during open hours via [Asklive](#)
- Ring (03) 9408089 or 0800 24 24 76 and ask for the Library
- Email : library@ara.ac.nz