

Mind Maps

A mindmap is a creative pattern of connected ideas.

Why use Mindmaps

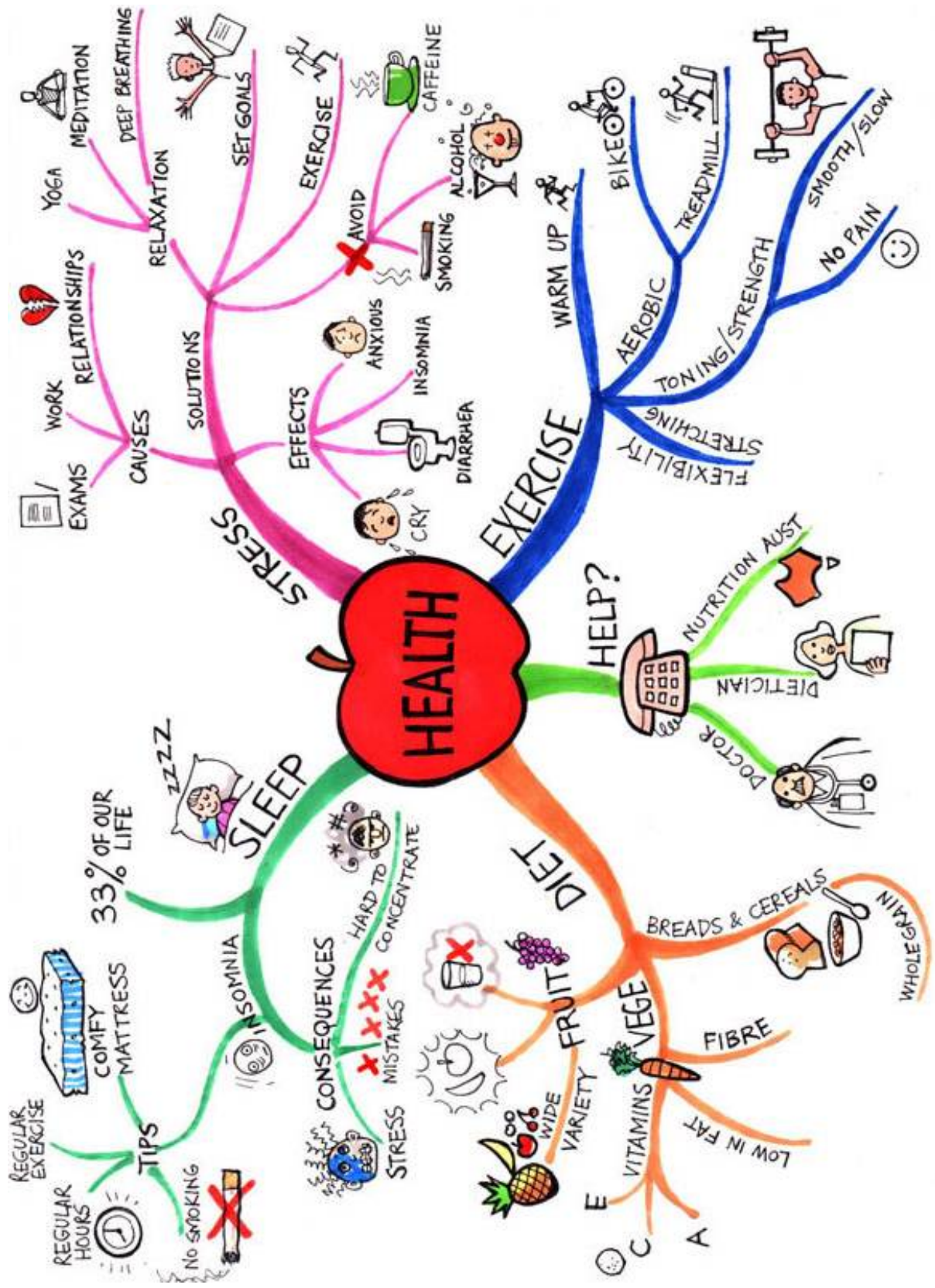
1. As an overview
2. To summarise
3. As a notetaking tool
4. As a reviewing tool
5. As a memory aid to boost recall
6. To get creative flow
7. To brainstorm
8. To problem solve
9. To link, order and relate ideas to help understanding
10. To plan a speech, presentation or essay
11. To introduce a topic during a presentation.

How?

- Turn your page horizontally.
- Start with a topic and enclose it in the centre of your page.
- Add branches for key sub-topics.
- Add details to the branches.
- Personalise with colour, pictures, symbols and shapes.

Tips

- Use medium, thick pens.
- Use pictures and symbols wherever possible.
- Print all words on lines.
- Vary the size of words by level of importance.
- Use at least three colours but avoid using too many colours as this may be confusing.
- Use a different colour for each branch.



<http://pkab.wordpress.com/2008/08/30/health-mind-map/>